

**SAN DIEGO POLICE DEPARTMENT  
SEXUAL ASSAULT SPEAKER'S BUREAU  
HIGH SCHOOL GROUP OUTLINE**

***Objective: To educate students by presenting a fifty minute informative lecture emphasizing sexual assault awareness and risk reduction.***

Materials:     Transparencies  
                  VCR/Blossom Video

OUTLINE OF CONTENT	INSTRUCTOR ACTIVITY
<p><b>Introduction:     (2 minutes maximum)</b></p> <ul style="list-style-type: none"><li>• Welcome/Greeting</li><li>• Personal/Professional background of speaker</li><li>• Why Speaker's Bureau was developed</li><li>• Advise the students this is a sensitive subject and video will be shown which might be disturbing</li><li>• Anyone may leave at any time if a student becomes upset</li><li>• Instructors will arrange for counselors to be available immediately following the lecture.</li><li>• Point out that this is not a lecture but an interactive learning exercise. Questions are welcome</li><li>• Encourage structured dialogue</li><li>• Evaluation</li><li>• Student will be contacted if desired</li></ul>	

OUTLINE OF CONTENT	INSTRUCTOR ACTIVITY
<p data-bbox="191 401 922 443"><b>(Body of Presentation - 40 minutes maximum)</b></p> <p data-bbox="185 485 876 527"><b>Understanding Sexual Assault: (2 minutes)</b></p> <ul data-bbox="240 573 1031 1129" style="list-style-type: none"><li data-bbox="240 573 1031 758">• Men can be victims of sexual assault and the response and services are the same. However, 95% of reported sexual assaults involve female victims and male suspects.</li><li data-bbox="240 793 1031 905">• The term “rape” often refers to various forms of sexual assault and not just intercourse.</li><li data-bbox="240 940 1031 1052">• Point out that sexual assault is not about romance and passion.</li><li data-bbox="240 1087 1031 1129">• Sexual assault is about power, control and aggression.</li></ul>	

OUTLINE OF CONTENT	INSTRUCTOR ACTIVITY
<p><b>“Blossom” Video (Car scene and confrontation at high school the following day): (6 - 8 minutes)</b></p> <ul style="list-style-type: none"> <li>• Definition of “acquaintance rape” (Acquaintances can be a next door neighbor, a classmate or just a friend of a friend.)</li> <li>• Discussion of video</li> </ul> <p><b>Question Guide: (6 - 8 minutes)</b></p> <ol style="list-style-type: none"> <li>1. What were some pressure lines that Josh used?</li> <li>2. What refusal lines did Blossom use?</li> <li>3. What point did the atmosphere turn hostile?</li> <li>4. Why did Josh think that Blossom was interested in sex?” (Style of dress, parking, kissing.)</li> <li>5. When is it okay to use force?</li> <li>6. Was Blossom’s reaction “typical”?</li> <li>7. What are some of the emotions Blossom felt? (Fear, embarrassment, anger, shame, confusion.)</li> <li>8. What are some of the emotions Josh might have felt? (Anger, confusion, teased, defensive.)</li> <li>9. What are some of the choices Blossom has to make?</li> <li>10. What did you think about Josh’s behavior when blossom confronted him?</li> <li>11. What are some preventive measures men and women can take to prevent this from happening?  (Clear communication, assertiveness, buddy system, limit alcohol and drugs.)</li> </ol>	<p>Encourage student dialogue. Did Josh do anything right? Could Blossom have done anything different? Male students may feel uncomfortable. Give Josh credit for asking Blossom if he could kiss her &amp; discourage responses like Blossom’s when she said, “Why don’t you try and we’ll see”</p>

OUTLINE OF CONTENT	INSTRUCTOR ACTIVITY
<p><b>2000 City of San Diego Statistics -(7 minutes)</b> <b>(Data represents victims, 14 and above. They do not include in-house child molest cases.)</b></p> <p><b>(KEY POINTS ARE HIGHLIGHTED ON TRANSPARENCIES).</b></p> <p>1997-2000 - 4 Year Average 72%</p> <p>2000 - Acquaintance rape 71% vs. Stranger rape 29%</p> <p>95% Female Victims, 98% Male Suspects</p> <p>75% of the Victims are between 14-25</p> <p>50% Between 14-8</p> <p>51% of Suspects are between 19-30</p> <p>58% of all sexual assault, adults &amp; adolescents occurred in a residence (usually his or hers).</p> <p><b>Nearly 1 in 4 teen sexual assaults occur after school in the suspect's home</b></p> <p>95% of non-stranger sexual assaults DO NOT involve weapons. Even in stranger sexual assaults, 88% do not involve weapons other than hands and force.</p> <p><b>53% of adolescents self reported using drugs or alcohol prior to the sexual assault.</b></p> <p>46% of non-stranger cases occurred between Friday &amp; Sunday</p>	<p>Slide 2</p> <p>Slide 11</p> <p>Slide 12 The average age difference between a teen and her assailant is 10 years. This is consistent with exploitation, not teenage sexual experimentation.</p> <p>Slide 13</p> <p>Slide 16 &amp; 18</p> <p>Slide 14</p> <p>Slide 15</p> <p>Ask students what's going on in the City of SD between Friday night and Sunday morning</p>

<b>OUTLINE OF CONTENT</b>	<b>INSTRUCTOR ACTIVITY</b>
<p><b>Laws Most Commonly Applied To High School situations (8 minutes)</b></p> <p><b>Sexual Assault includes:</b></p> <ul style="list-style-type: none"> <li>▪ Penile/Vaginal intercourse</li> <li>▪ Contact between the genitals and mouth</li> <li>▪ Contact between an anus and a penis</li> <li>▪ Penetration of the vagina or anus with a foreign object, including a finger</li> </ul> <p><b>When one of the following conditions exist:</b></p> <ul style="list-style-type: none"> <li>▪ Force, even if there is no bruise or injury</li> <li>▪ Fear, even if the victim didn't fight back</li> <li>▪ A person is disabled and cannot give consent</li> <li>▪ A person is severely intoxicated or unconscious as a result of drugs or alcohol</li> <li>▪ If one party is under the age of 18</li> </ul> <p><b>288(a) P.C. Child Molest (Felony)</b> - a person of any age involved with a child under the age of 14; or, if the victim is 14 or 15 and the suspect is 10 years older.</p> <p><b>261.5 P.C. Unlawful Sexual Intercourse</b> - When an adult has sexual intercourse with anyone under the age of 18 years old IT IS ILLEGAL. A felony crime if more than 3 years age difference.</p> <p>Note: If a 17-year-old is having sex with a 14-year-old, both are victims and both are suspects. If the suspect is over 21 and the victim is under 16, this is a mandated reporting offense.</p>	<p>Slide 4</p> <p>Slide 5</p> <p>Slide 6</p> <p>Slide 7</p> <p>Slide 8</p>

OUTLINE OF CONTENT	INSTRUCTOR ACTIVITY
<p><b>243.4(a) P.C. Felony Sexual Battery</b> - Restraining or holding a person while touching their private (intimate) body part(s) (under their clothing) against their will.</p> <p><b>Example:</b> A guy and a girl are walking down the hallway. The guy pushes the girl against the hall lockers and puts his under her blouse and bra and touches her breast</p>	<p>Slide 9</p>
<p><b>243.4(d) P.C. Misdemeanor Sexual Battery</b> - Touching a person's private (intimate) body part(s)( over or under the clothing without restraint) against their will.</p> <p><b>Example:</b> A guy is standing near his hall locker during recess. A girl runs by and grabs him in his groin area.</p> <p><b>Note:</b> Unlawful touching of any part of a person's body is illegal and although it may not qualify as a sexual battery, it can be pursued as a simple battery.</p>	<p>Slide 10</p>

OUTLINE OF CONTENT	INSTRUCTOR ACTIVITY
<p><b>What Young Men &amp; Women Need to know (2 minutes)</b></p> <ol style="list-style-type: none"> <li>Both parties must take responsibility for their own safety and actions</li> <li>NO always means NO! It is never to late to say no It is never permissible to force yourself on someone else or to use drugs or alcohol to have sex</li> <li>Alcohol and/or drugs are involved in the majority of sexual assaults.</li> <li>It is okay and encouraged for women to be assertive. It's their body and their choice!</li> </ol> <p><b>Ways to Reduce Your Risk: (2 minutes)</b></p> <ul style="list-style-type: none"> <li>Do not date or be alone with people you don't know well or those who are older and might exploit you</li> <li>Know what your plans are in advance and make sure you tell someone where you are going</li> <li>Strength in numbers...arrange for group or double dates</li> <li>Verbalize your expectations, be up front</li> <li>Don't be afraid to be assertive</li> <li>Remember alcohol and drugs are involved in the majority of sexual assaults</li> <li>Know the origin of your</li> <li>The most common "date rape" drug is alcohol.</li> </ul> <p><b>If You or Someone You Know Becomes a Victim</b></p> <ul style="list-style-type: none"> <li>Tell someone you can trust</li> <li>Contact a Rape Crisis Hotline</li> <li>Call the police</li> <li>Do not shower</li> <li>Save your clothing worn during and after the attack</li> <li>Do not wash bedding</li> </ul>	<p>Slide 19</p> <p>Slide 20 Ask students why a 26-year-old guy would want to date a 14-year-old girl?</p> <p>Slide 21</p> <p>Slide 22</p>

OUTLINE OF CONTENT	INSTRUCTOR ACTIVITY
<p><b>Conclusions: (5 minutes)</b></p> <p>Summarize important information.</p> <ul style="list-style-type: none"> <li>▪ Everyone has the right to say ‘NO’ to an unwanted touch.</li> <li>▪ No one should feel at fault if he or she is a victim of sexual assault.</li> <li>▪ If you or someone you know has been sexually assaulted, get help right away.</li> <li>▪ There are many community services available. Refer to your Hot Cards for telephone numbers if you need help or information.</li> </ul> <p><b>Questions &amp; Answers: (5 minutes)</b></p> <p>If you are unsure of the answer to a question, tell the student where she or he can call to learn the information, or advise the student you will find out the answer and get back to the teacher who can then relay the information. Do not answer a question if you are unsure of the correct answer.</p> <p><b>Read over each evaluation to check comments that might need a follow-up, i.e. “I reported a rape and nothing has happened.” Then note whether you were able to handle the issue or if the Sex Crimes Unit needs to get involved.</b></p>	<p>Provide students and/or the classroom teacher with evaluations that are to be completed and collected.</p>